

# POSTERGIRL PROJECT

**Real Support. Real Change. Real People.**

*Coachella Valley Resource & Support Directory*

## Crisis Support (24/7 Available)

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### **988 Suicide & Crisis Lifeline**

Call or text **988**. Free and confidential support available in English and Spanish.

### **Riverside County Mental Health Urgent Care**

Call **(442) 268-2320**. Located at 2500 N Palm Canyon Dr, Palm Springs, CA. Walk-in crisis screening and support.

### **National Domestic Violence Hotline**

Call **1-800-799-SAFE (7233)** or text 'START' to 88788.

### **SAMHSA National Helpline (Substance Use)**

Call **1-800-662-4357**. Free, confidential, 24/7 treatment referral and information.

## Mental Health & Wellness Resources

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### **Desert Hot Springs Family Resource Center**

Call **(760) 288-3313** | 14-320 Palm Dr, Desert Hot Springs, CA 92240. Provides comprehensive community resource connections, service referrals, and support programs.

### **NAMI (National Alliance on Mental Illness) Coachella Valley**

Call **(760) 322-6264**. Offers free, peer-led support groups and education classes for individuals navigating mental health conditions.

## Recovery & Harm Reduction Services

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### **Riverside County CARES Line (via IEHP / RUHS)**

Call **1-800-499-3008**. Available 24/7. The main Community Access, Referral, Evaluation, and Support line for the Inland Empire. Call anytime for free, confidential substance use screenings, treatment placements, and direct linkage to county recovery systems.

### **DAP Health Harm Reduction Program**

Call **(760) 466-0800** | 1695 N. Sunrise Way, Palm Springs, CA 92262. Provides mobile clinic services, free Narcan/Naloxone distribution, fentanyl test strips, safe supplies, and housing stabilization navigation.

### **Coachella Valley Central Office of AA**

Call **(760) 324-4880** | coachellavalleyaa.org. Find local 12-step recovery group meetings morning, noon, and night across all desert cities.

## Housing, Food, & Basic Needs Support

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### **California 211 / Riverside County**

Dial **211** or visit 211ca.org. Connects you directly to localized emergency housing shelter beds, food distributions, and utility bill assistance.

### **Food Now Inc.**

Call **(760) 288-7878** | 14080 Palm Dr STE E, Desert Hot Springs, CA 92240. Provides healthy, nutritious grocery distribution every Wednesday and Thursday morning.

### **Saint Elizabeth's Food Pantry**

Located at 66700 Pierson Blvd, Desert Hot Springs, CA 92240. Offers monthly community food distributions serving the immediate local population.

## **Advocacy, Systems Navigation & Legal Assistance**

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### **Riverside County Department of Public Social Services (DPSS)**

Call **1-877-410-8827** | 65753 Pierson Blvd, Desert Hot Springs, CA 92240. Regional hub to apply for self-sufficiency programs, including CalFresh (food stamps), Medi-Cal, and General Relief.

### **Inland Counties Legal Services (ICLS)**

Call **1-888-245-4257** | Indio Office. Legal aid nonprofit providing free assistance, outreach, and representation for housing issues, public benefits appeals, family law, and institutional navigation.

***"You possess the strength to navigate this transition. We are just here to help build the bridge."***

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